

International Student Exchange at the University of Kassel Institute of Social Work and Social Welfare

Issue 2022





Dear students,

We are pleased to welcome you as an exchange student at the University of Kassel. In this booklet, we provide you with all the basic information you need for a successful start to your studies and life in Kassel. Please don't forget that you will find further information on our website (see below). We hope this guide will help you organise a successful and enjoyable stay with us.

Do consider that the Welcome Centre at the University is an important first contact point for you. In addition, during your stay with us, don't hesitate to contact us should any problem occur. You can reach us during the special consulting hours which are relevant for outgoing and incoming students. All of these times and dates are posted on the website of our Institute:

<https://www.uni-kassel.de/uni/studium/soziale-arbeit-bachelor/im-studium/auslandserfahrung/ansprechpersonen>

It's important for you to know at the start that that the University of Kassel is one of the few institutions in Germany offering a BA degree in social work at university level. The Department of Social Work & Social Welfare also runs three Master programs. In addition, it is deeply involved with programmes to support postgraduate students studying for their PhD. It has also developed a strong research orientation, and is engaged with various issues related to social work and social welfare provision. These include attention to the legal, educational, psychological and methodological dimensions relating to social work. Further information on this in English can be found at: <https://www.uni-kassel.de/uni/en/studium/soziale-arbeit-bachelor/application-and-study-guide-for-international-students>).

We are excited to see and meet you here in Kassel! We hope you will enjoy your stay and benefit from our rich academic and social life.

Prof. Sigrid **James PhD**,
 Coordinator for ERASMUS and international affairs, Institute of Social Work & Social Welfare, Faculty of Human Sciences, University of Kassel

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1. The University of Kassel and your arrival

1.1. Services at the University of Kassel

Welcome & Registration:

Our Welcome Centre in the International Office

The Welcome Centre, located in the International Office, is the first contact point for international students, whatever their subject or level of study. The

team at the Welcome Centre place an emphasis on practical assistance. It is there to support and signpost you to a broad range of academic and practical matters before and upon your arrival in Kassel.

The International Office can provide support in relation to formalities such as your application, acceptance, registration as a student, or any major changes to your circumstances.

Address and office hours:

Campus Center, Moritzstr. 18, 2nd floor, room 2128a
Phone: +49 561 804-3564
Fax: +49 561 804-3513
Email: welcome-centre@uni-kassel.de
Web: <http://www.uni-kassel.de/go/welcome-centre>
Mon, Wed, Fri: 1 p.m. – 3 p.m.

Ms. Marlis Fellmann

Campus Center, Moritzstr. 18, 2nd floor, room 2128
Phone: +49 561 804-3075
Fax: +49 561 804-3513
Email: exchange@uni-kassel.de
Web: <http://www.uni-kassel.de/go/exchange>
Tue, Thu: 1 p.m. – 3 p.m.

Accommodation: *Studierendenwerk* Kassel

The *Studierendenwerk* is designed to help you cope with the non-academic parts of your life as a student in Kassel. For example, they provide food in the student dining halls and cafeterias and can assist you in finding housing in dormitories, or point you towards student

Address and office hours:

Address: Campus Center, Moritzstr. 18, 3rd floor
Phone: +49 561 804-2552
Email: m.otto@studentenwerk.uni-kassel.de
Web: <http://www.studierendenwerk-kassel.de>
Office hours: Mon, Thu: 10 a.m. – 12 p.m.
Tue, Wed: 10 a.m. – 3 p.m.

accommodation in the private rental market. They can also support students who have children, and may offer legal and social advice as well as counselling. You can find out about the wide range of services they offer by checking the *Studentenwerk* website.

Learning German: University Language Centre (*Sprachenzentrum*)

The Language Centre offers a variety of programmes and language courses throughout the summer and winter terms. They offer classes from beginners to advanced level, as well

Address:

Kurt-Wolters-Str. 5, room 2044

Phone: +49 561 804-3302 / 3689

Telefax +49 561 804-3815

Email: sz@uni-kassel.de

Web: <http://www.uni-kassel.de/sprz>

as supplementary courses, language tandem schemes (**where you and a German speaker swap your respective language expertise**), the buddy programme and other foreign language activities. If you need to brush up on your German or want to learn a new language while you stay with us in Kassel, the Language Centre is the best place to go.

University Sports (*Hochschulsport*)

All students at the University of Kassel who have paid their semester sports fees are entitled to participate in the sports programmes available across the university. There are many dif-

Address:

Damaschkestraße 25, 34121 Kassel

Phone: +49 561 804- 5394

Telefax +49 561 804- 5258

Email: hochschulsport@uni-kassel.de

Web: www.uni-kassel.de/hochschulsport

ferent activities to discover including, for instance, a whole variety of ball games, but also Aerobics, Afro Dance, and Zen Mediation.



Support & Consultation: Service Centre for Teaching

(Servicecenter Lehre)

The Service Centre for Teaching at the University provides learning support for students, particularly at the beginning of their studies. Services include individual consultations and support to improve study skills, for instance in workshops dealing with techniques for learning, note taking and academic writing.

Address:

Arnold-Bode-Straße 10

Room: 0209

Telephone: 0561 804-7145

E-Mail: scl@uni-kassel.de

Web: <https://www.uni-kassel.de/einrichtung/servicecenter-lehre/startseite/>

'Leo' – learning centre

You will find our Learning Centre directly on campus, just across the street from the 'Campus Center' (the new lecture theatre). In the Learning Centre, students can study, relax or work on group projects with other students. The first floor offers several rooms for studying and working in silence. Meanwhile, downstairs you can sit in a small cafeteria, work together in groups, or simply chat and exchange ideas with friends.

Address:

Holländischer Platz, Universitätsplatz 2

E-Mail: leo@uni-kassel.de

Web: <https://www.uni-kassel.de/einrichtungen/servicecenter-lehre/angebote-fuer-studierende/leo-lernort.html>

Opening hours: Mon.–Sun. 8 a.m. to 8 p.m.

1.2. Steps before Arrival

Application/ Enrollment Process:

You can apply online via <https://unikassel.moveon4.de/local-login/59e8322184fb9689435f7fd8/eng>
http://www.uni-kassel.de/go/welcome_prepare

Exchange students are required to send us the following items with their application:

- a letter setting out your motivation for studying with us
- proof of language proficiency
- learning agreement (with the signature of the ERASMUS coordinator at your home university)

Information:

<https://www.uni-kassel.de/fb05/en/international/incoming>

Applications can be written either in German or in English. After approval, you will receive an acceptance letter and further information (about the 'semester fee' etc.). Once you have selected the courses that you would like to study you will need to fill in the learning agreement. Follow the above links for details about how to do this:

Schedule of Courses (*Vorlesungsverzeichnis*)

Information about all courses run at our University can be found on the internet. The course catalogue for the winter or summer term (semester) is updated on September 1st and on March 1st. You can check out the entire teaching programme (*Vorlesungsverzeichnis*) on our university website.

German Language Courses

All exchange students can take part in a pre-semester German language course. This is a two-week long intensive learning programme. A fee is charged for this course. You will find full details on our website.

Visa

As soon as you receive an admission letter from the University of Kassel, you will be able to apply for a visa at the German embassy or consulate in your home country or country of residence. The addresses of German embassies and consulates, as well as information regarding entry requirements, can be found on the website of the German Foreign Office. You will also find there all the relevant information on the specific requirements for obtaining a visa depending on which country you are coming from.

If you are a citizen of the EU you do not need to apply for a visa. A valid passport from your EU country of origin will be sufficient for your travel and stay in Germany for the period of your study.

Accommodation

You may want to stay in a student hall of residence or in a shared apartment rented out on the private market. In order to find accommodation at a reasonable price we would recommend you taking initiative as early as possible. It may take several weeks to find something that suits you.

Health Insurance

In Germany, every citizen is required to take out health insurance.

- **EU Citizens**

If you are a citizen of the EU, and you have health insurance coverage in your country of residence, you can apply for the European Health Insurance Card (EHIC). An EHIC is sufficient for your stay in Germany and covers emergency treatments in all hospitals.

- **Non-EU Citizens**

If you are a citizen from a country outside of the EU, you will need to provide a health insurance certificate when you apply for your visa. Please choose a foreign health insurance policy, which covers the beginning of your stay in Germany. In addition, be sure to check that your policy covers both a visit to local doctors (outpatient care) as well as a hospital stay. In most cases, the amount for which you need to be insured for will lie between €30,000 and €50,000.



Expenses

The University of Kassel does not charge any tuition fees. It only charges students with so-called social service fees. Exchange students have to pay a reduced fee of about 240 € per semester (or term). In addition, you will incur expenses for rent, insurance, food, clothes, books, entertainment, and travel. With about 750 € per month, you can live comfortably in Kassel and will still have money left to go to a bar or to the movies.

There are a number of recommendations we can suggest for saving on costs when living in Kassel. These include:

- Borrowing books from the library and/or copying them at a copy shop;
- Shopping at low-cost grocery stores or in second-hand shops;
- Going to movies on a 'Kino-Tag' (usually, Monday or Tuesday);
- If you live with others, see if they want to buy big items (a microwave cooker, printer, TV, etc.) together;
- Show your student ID and you may receive student discounts in museums or recreational facilities;

For further information and tips, ask your buddies/ fellow students or the Welcome Centre tutors before and after arrival.

Buddy Programme

For any student coming from another country, many things may appear strange and unexpected! However, with a 'Buddy', you can start off on the right foot for a successful course of studies. Your Buddy may be your personal contact person here at the university, and can support you in dealing with daily

routine and study-specific questions at the beginning of your stay in Kassel. Enrolling with the Buddy Programme can help you socialize quickly with friendly people inside and outside the University. It can also help improve your German language skills. The Buddy Programme is administered by the University Language Centre.

Address:

Kurt-Wolters-Str.5, 34125 Kassel

Phone: +49 561 804-7257

Email: buddy@uni-kassel.de

<http://www.uni-kassel.de/go/buddy>

1.3. Steps to take on Arrival

http://www.uni-kassel.de/go/welcome_arrival

Getting here

You may have many immediate practical questions when you arrive! How do you get to the university? Where can you catch the tram? Where do you find a parking space? And where can you find the Admissions Office or the International Office? The first step is to check out our website. There you will find directions and many maps of our campus(es). You will also find answers to many practical questions that will make it a lot easier to find your way round.

Moving In

- **Student Halls of Residence**

If you are moving into one of the student halls of residence, please go to the *Studentenwerk* office in the Campus Center, 3rd floor.

Mon to Fri: 10:00 – 12:00.

If you will be arriving at other times, please make an alternative appointment (with the office) for moving in.

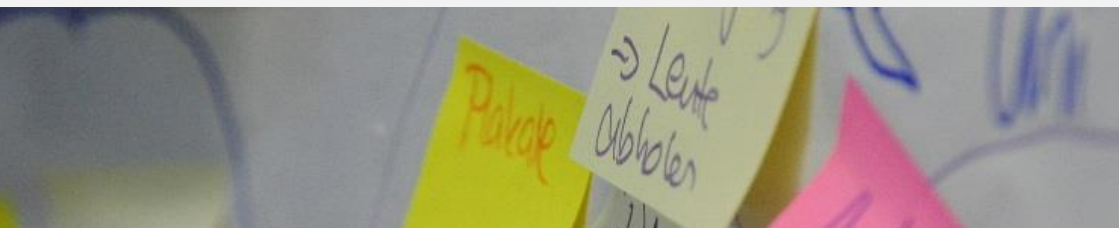
- **Private Rentals**

Prior to your arrival, arrange a date and time to meet your landlord or flatmates to move in. It is a good idea if you leave them a telephone number just in case you are delayed during your travel.

- **Rental confirmation from landlord**

When moving in, the landlord or owner must sign a so-called 'rental confirmation' (this is known as a "*Wohnungsgeberbestätigung*") and you will need to show this document at the registration with the Citizens' Office. We recommend printing out the form and ask the landlord to sign it on the day of moving in. Please download the form here:

<https://tinyurl.com/hrocur6>



Residence Registration

Due to legal requirements, you must go to the Residence Registration Office (*Bürgeramt*) in the Town Hall (*Rathaus*) and let them know your address in Kassel. This must be done within one month of your arrival in Kassel. You simply go into this office, receive a number from the information desk, and, when your number is called, you need to fill in the relevant form. Employees of the office will assist you.

Address and office hours:

Residence Registration Office at the City Hall:

Obere Königsstr. 8, 34125 Kassel
Mon 08:00 – 18:00 (by appointment);
Tue 08:00 – 14:00;
Wed 08:00 – 18:00 (by appointment);
Thu 08:00 – 14:00;
Fri 08:00 – 12:30;
Sat 09:00 – 12:00 (by appointment)

Residence Registration Office at the University:

Moritzstr. 18 (3rd floor), 34127 Kassel
Campus Center, room 3114
Wed 08:30 – 12:00 (by appointment only)

You will be given a copy of this form. Keep this form in a safe place. You will need it to get your residence permit, to open a bank account, and to get a library card, etc.

If you move to another apartment in Kassel during your stay, you need to go to the Residence Registration Office again to let them know your new address.

Bank Account

In order to pay bills or your rent, you may need an account with one of the German banks. When you have opened your bank account (also called a *Girokonto*) you will receive a bank card. You will be able to use this card as a method of payment in the majority of shops or, alternatively, you can use it to withdraw money from ATMs (cash machines). There are many of these cash machines in the city and also on campus, e.g. in the Campus Center.

If you undertake paid work in Germany, your wages will also be paid and transferred directly into your bank account.

You can open an account at a range of different banks. Ask whether there are special conditions or offers for students, as the fees and charges for services differ between different banks.

Health Insurance

If you bring a health insurance certificate (from the insurance provider in your country of residence), or a note issued by the European Health Insurance Card (EHIC), then a German health insurance provider can confirm that you are exempt from the domestic duty to take out insurance. This confirmation document can be issued by any public health insurance provider in Germany. If you need to extend your insurance coverage you should approach one of the many public health insurance companies for assistance.

Student ID

You have to officially enrol with the University of Kassel. Enrolment for exchange students takes place at the beginning of April or October in the Welcome Centre (<https://www.uni-kassel.de/uni/en/international-service/coming-to-kassel/studying-in-kassel/during-studies/enrolment-for-international-students>).

Please be in the Welcome Centre between 10 a.m. and 11 a.m. on the specific day scheduled for this. You will receive all necessary documents and information about enrolment at the Centre. Your student ID will be delivered during the same afternoon.

Internet on Campus

If you bring your own computer from home, or if you are renting one from the IT Service Centre, or even if you just want to use the internet on campus, you need to contact the IT Service Centre (also *ITS*). With your Student ID you will receive a user name and password. You can then log-on to the internet in the student housing or

sign-on to a computer in the computer rooms available on campus. Should you have problems with your internet connection, stop by the first floor at the ITS or contact the IT advisors at the *Studentenwerk*.

Address and office hours:

Mönchebergstraße 11 (next to TorCafé)

<https://www.uni-kassel.de/its>

Mon–Fri: 8 a.m. – 10 p.m.;

Sat: 9 a.m. – 4 p.m.

Computer rooms:

Mönchebergstraße 11

Rooms: 180, 190, 220, 240, 250

Mon – Fri: 8 a.m. – 10 p.m.;

Sat: 9 a.m. – 3:45 p.m.

CampusCard

The main library of the University of Kassel is located right in the middle of the campus ‘*Holländischer Platz*’ (HoPla). In order to borrow books from the library, you need a CampusCard. You can apply for one at the main library, but it will take a two or three days until you receive it. You need to bring your passport and a copy of the certificate you received at the Resident Registration Office when you come to the library. Website:

<https://www.uni-kassel.de/uni/en/international-service/coming-to-kassel/studying-in-kassel/during-studies/campuscard>.

Residence Permit

The Foreigners' Affairs Office is where you will need to apply for a residence permit (if necessary).

On-campus Office Hours of the Foreigners' Registration Office

The Foreigners' Registration Office offers on-campus consultation on a regular basis. Please make sure to arrange an appointment by phone or by e-mail.

Visa Information

If you have questions concerning the application or extension of your visa, please feel free to contact the Visa Information Service, a service provided by the Welcome Centre and the Admissions Office.

Address and office hours:

The Foreigners' Registration Office Kassel:

Kurt-Schumacher-Straße 29, 34117 Kassel

Mon, Thu 8:30 a.m. – 12:30 p.m.;

Tue, Fri 8:30 a.m. – 12:30 p.m. (by appointment);

Wed 2 p.m. – 5:30 p.m. (by appointment);

On-campus Office Hours of the Foreigners' Registration Office:

Campus Center, Moritzstr. 18, 3rd floor, room 3114

Tue: 08:30 a.m. – 12:00 p.m. and

Wed: 08:30 – 12:00 (by appointment only)

Visa Information:

Campus Center, Moritzstr. 18, 2nd floor, room 2128a

Phone: +49 561 804-3564

1.4. Orientation Week

The University of Kassel offers a special welcome program for international students (and researchers), bringing together all incoming guests whatever their subject. Student advisors organize an introductory orientation week before courses officially start, in order to support you in successfully transitioning into our university environment.

address and office hours:

Welcome Centre

Campus Center, Moritzstr. 18, 2nd floor room 2128a

Phone: +49 561 804-3564

Fax: +49 561 804-3513

Email: welcome-centre@uni-kassel.de

Web: www.uni-kassel.de/go/oweeek

Mon – Fri: 10 a.m. – 6 p.m. (03.04. – 07.04.2018)

The orientation week starts with a formal welcome. Following this, you will be guided by tutors to learn about studying and researching at the University of Kassel. Importantly, during this week in particular, you have the chance to get to know other international students and university staff.

The Orientation Week takes place at the beginning of April or October (<https://www.uni-kassel.de/uni/en/international-service/coming-to-kassel/studying-in-kassel/an-orientation-week-to-welcome-our-international-students>).



The ‘Info-Café’ – a meeting point for all Social Work students

In addition to the international Orientation Week where you will meet fellow exchange students you can always visit the **Info-Café**. This is a place where you can get in contact with other students who are studying Social Work (permanently) at our university. The Café is located on the ground floor level of Arnold-Bode-Straße 10, room 0109. Here, you can purchase a good coffee at a reasonable price. The “Info Café” is a place to relax, to meet other students, and to exchange news. The café is open during term time only. You will find the opening hours on the door. The opening hours depend on how much time the students who run the café as volunteers can spare.

2. Studying in 2022

At our University, exchange students can take part in a wide range of courses taught in the English language. The **Institute of Social Work & Social Welfare** and the **Faculty of Human Sciences** impart a sufficient number of courses to cover a full ERASMUS stay for social work students. However, feel free to participate in classes offered by other Faculties if they fit your profile and interests. Of course, if your level of German is sufficient, you are also warmly invited to courses delivered through the medium of the German language. Please note that the contents of the teaching program change slightly from term to term. You can learn about this program by consulting the university-wide schedule of courses (*‘Vorlesungsverzeichnis’*) online (see above). Below, we provide examples of English-taught courses from the recent past.

Some of the English–taught Courses at BACHELOR Level as offered recently within the Faculty of Human Sciences

- Social Inequality: Foundations, developments and impact on social intervention
- Opportunities for, and challenges to, qualitative research
- Public management and social intervention
- Queer theory
- Migration, transnational families and (international) social work
- Social influence and persuasion
- Social psychology
- Evaluation methods
- Learning and instruction
- ... *plus further courses in neighbouring subject matters*

2.2. Learning Agreement

All ERASMUS students are required to fill in a Learning Agreement form at their *home university*. The Learning Agreement contains a list of the modules (seminars, lectures etc.) that you wish to attend abroad (this refers, in this case, to those courses delivered at the University of Kassel).

1. You can get this form from the website of the International Office, and from the coordinator of the International Office
2. On the form, fill in the modules which you would like to study at the University of Kassel
3. The completed form must then be signed by both ERASMUS coordinators, from your home university *and* from the partner university, *and*, finally, by the international office of your University.

You can then send the completed form by post to the International Office of the University of Kassel.

2.3. Transcript of Records

After you've completed your ERASMUS semester at the University of Kassel, you will receive a copy of the results you have obtained. This is called the 'Transcript of Records'. Next, please contact the examinations office at your home university, regarding the accreditation of the results achieved abroad; they will register everything that is accredited.



2.5. Route Card

- The route card will help you make a good start here in Kassel.
- We encourage you to go to the first sessions of all courses you think you would like to attend. Take one or two sessions to get an impression or 'taster' of these courses before you choose the courses for which you want to acquire credits.
- Please approach the contact people of your faculty (see page 18) to discuss your choice of courses. They can give you some valuable hints and help you choose the most suitable courses for your interests. They can also provide you with useful advice regarding your learning strategy and help you keep track of the administrative steps to follow.

Please choose your courses as early as possible, preferably by mid May / mid November respectively.

| Title of the course and teacher of the course | Type, level and content of the course |
|---|---------------------------------------|
| | |
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- Once you have selected the courses you wish to attend, please contact the teaching staff and inform them about your choice. Note that you still need to register for the course via *eCampus* (or by signing in to a special course list if the course requires this)
- This route card **does not replace your learning agreement** (it merely helps you to select the appropriate courses).

| ECTS in Kassel | ECTS at home uni | Form of examination and date or deadline | Registration number for exams (Prüfungsnummer) |
|----------------|------------------|--|--|
| | | | |
| | | | |
| | | | |
| | | | |
| | | | |
| | | | |

3. Contact persons for courses and course related issues at the Faculty of Social Work

Prof. Sigrid James PhD

Coordinator for ERASMUS and International Relations
Institute of Social Work & Social Welfare

E-Mail: sigrid.james@uni-kassel.de

Susana Condado-Götze

Secretary & advice office for the Department of Social Work & Social Welfare

E-Mail: condado@uni-kassel.de

Moritz Banzhaf

ERASMUS Coordinator of the University

E-Mail: erasmus@uni-kassel.de

4. ABC and Abbreviations

Universities seem to have a language all of their own. Here are a few words that you will hear often during your studies at the University of Kassel and should know.

Akademisches Viertel: the academic quarter. This means that class begins 15 minutes later than is listed in the Schedule of Courses. For example, a class fixed for 11 am actually begins at 11.15 am. Most courses follow this rule.

ASTA: Allgemeiner Studierendenausschuss; represents the students on campus

ca.: circa

C.C.: Campus Center

d.h.: das heißt, or: that means

DSH: Language test international students are required to pass before studying in Germany

ESG: Evangelische Studierendengemeinde. The Protestant Student Group on campus

EU–Countries: Austria, Belgium, Bulgaria, Cyprus, Czech Republic, Denmark, Estonia, Finland, France, Germany, Greece, Hungary, Ireland, Italy, Latvia, Lithuania, Luxembourg, Malta, Netherlands, Poland, Portugal, Romania, Slovakia, Slovenia, Spain, Sweden, United Kingdom

EWK–Countries: Iceland, Lichtenstein and Norway

Exmatrikulation: Ending your studies at the University of Kassel

Fachbereich or FB: the different departments of the University of Kassel. For example: Social Sciences or Mechanical Engineering

Grundstudium: The first level of course studies (usually the first 3 to 4 semesters) Hauptstudium: The second level, following the Grundstudium

HNA: Hessisch–Niedersächsische Allgemeine Zeitung– the daily newspaper in Kassel

HoPla: Abbreviation for Holländischer Platz as place of location

ISV: Internationale Studierendenvertretung. Represents the interests of international students at the University of Kassel

IO: International Office

ITS: IT Service Center. The Computer Center

KHG: Katholische Hochschulgemeinde. Catholic Student Group on campus

Klausur: Written test / exam

KSS: Kurt-Schumacher-Straße

n.n.: short for 'nomen nominandum', which means 'not yet known'.

NPS or NP: Nora-Platiel-Straße

n.V or u.n.V.: (und) nach Vereinbarung, or per appointment

R: Room

Rückmelden: For each semester you study at the University of Kassel you have to **resubscribe**. You should get a letter by ordinary post from Kassel University reminding you to pay your semester fees. By paying these fees, you have re-matriculated for the semester.

Schein: A Schein is a registered grade report. It is a small slip of paper you receive after you completed a course. The Schein will have your grade for the course on it.

Seminar: A Seminar is a course for a limited number of people in which a specific topic is presented and discussed. Doing a presentation and writing a research paper are the usual requirements necessary in order to pass the course. Participation is obligatory and you need to register early.

SS or SoSe: Summer semester/term

StuPa: Student Parliament.

Tutorium: Some courses (*Seminare*) and lectures (*Vorlesungen*) are very full with students so that it may be difficult for a professor to answer students' questions. Hence some courses are divided into smaller groups with a 'tutor' who will go through the subject matter of each lesson and explain the content. Here it is possible to ask questions about issues that you did not understand.

Übung: The word itself means 'practice' and that is exactly what is done. An 'Übung' is a small class in which students learn about a specific technique and then practice using it.

usw.: und so weiter = and so forth.

Vorlesung: A Vorlesung is a lecture. The professor lectures on a particular topic and you listen and take notes. Lectures usually end with a final exam.

WelC: Welcome Centre

WS or WiSe: Winter Semester/term

z. B.: zum Beispiel (for example)

Some advice on how to read the room numbers:

Classroom numbers are usually four digits. The first digit refers to the floor on which the room is located. The last three numbers refer to the actual room number. If the classroom number is only three digits long, then it is located on the ground floor. For example: a class in room 3234 is located on the third floor in room 234. Do not be afraid to talk to your lecturers and professors and let them know you are an international student. Many of them are more than willing to help you if you are having problems in their class.





5. Activities in and around Kassel

The city of Kassel offers a broad range of different activities and places that are worth a visit. For students (and others), there are a lot of clubs and bars to spend the night in, as well as several parks and a festivals coming up. In what follows we have listed a few of the different possibilities you have during your leisure time.

Nightlife – Clubs & Bars

Arm & Lolita Bar:

This is one of the biggest and most popular clubs in Kassel. The whole club consists of several different smaller ones – currently the only ones open are the Wiese (HipHop and Electro/Techno) and the Lolita Bar (Indie/Pop).



Kulturzentrum Färberei:



The *Kulturzentrum Färberei* is the student culture centre of the University of Kassel and is managed by the AStA (general student committee). There are plenty of different events all year round – e.g. parties, concerts, poetry slams, Karaoke & movie nights. You can check out

the events via <https://asta.studierende-kassel.de/service/kultur/faerberei/>

York:

The York is known for its RnB & Hip-Hop parties and playing recent party classics.

<https://york-kassel.de/>

Musikpark A7:

Another very popular disco in Kassel. Its' parties are very similar to the York with a lot of Pop, Hip-Hop and RnB.

<https://musikpark-a7.de/>

Unten:

Another popular Club in Kassel is the Unten. They throw Techno/Electro parties at least once a week.

You can check out all the events taking place in the Unten via:

<https://www.facebook.com/WirindUNTEN/>



If you're not really into parties, you can always catch a drink or two in one of the **bars** Kassel has to offer. Here's a list of some of the most popular ones.

| | | |
|-------------------|----------------------|-----------------------|
| Mutter | B2 Bar Lounge | Bohemia |
| FEZ | Joes Garage | Bolero |
| Chakal | Papagayoo | Hemingway Club |
| Fiasko | Irish Pub | Maya Coba Bar |
| Caricatura | Karnak | |

Parks & the Outdoors

Bergpark Wilhelmshöhe:

The *Bergpark* is UNESCO world heritage site and the biggest and most popular park of the City of Kassel. You can spend the whole day there walking around and enjoy the beautiful view over the whole city. Located on top of the hill you can find the Herkules statue, the landmark of Kassel and during the months of May – October the city puts on the illuminated water games there which you can watch for free.



Karlsaue/Orangerie:

Located right in the city centre, the *Karlsaue* is another wonderful park to relax in. You can take long walks along the lakes and canals, or enjoy a cup of coffee at the café inside the *Orangerie*.



Nordstadtpark:

This park is located right by the University, behind the K19. You can go there and enjoy the sun during your free time. It's small but very popular among students.

Buga-See:

This lake and the surrounding green areas are perfect for an afternoon barbecue or taking a swim during hot summer days. It is located closely to the *Karlsaue* and easily accessible with public transport (Bus 16 to 'Gärtnerplatzbrücke').



Culture:

The Staatstheater (State Theatre):

Should you like to watch plays and enjoy theatre and music, check



what's on in the *Staatstheater*. It offers a varied program of musical, drama and comedy. Look at: <https://www.staatstheater-kassel.de/>

Cineplex (Cinema):

Kassels' biggest and most popular cinema. They show the most recent movies and even offer some shows in English.

Website: <https://www.cineplex.de/programm/kassel/>

Travelling

Kassel Wilhelmshöhe – Express Train Station

During your stay in Germany, you might want to visit other cities like Berlin, Frankfurt, Munich or Hamburg, to get to know the country a little bit better. This is made very easy by Kassel's "Bahnhof Wilhelmshöhe" - an express train station from which you can embark on train rides to many cities in (and outside of) Germany.

Trains run fast, so it's only a few hours to see the big cities! You can

easily search for your desired destination and book your train ride online via <https://www.bahn.com/en/view/index.shtml>.

Prices depend on how early on you book your ride and start at 17,90€ (one way). There are a lot of saver- or group fares which can save you quite a lot of money on your travels. The trains go regularly – and, within Kassel, the station is easy to reach by bus or tram.

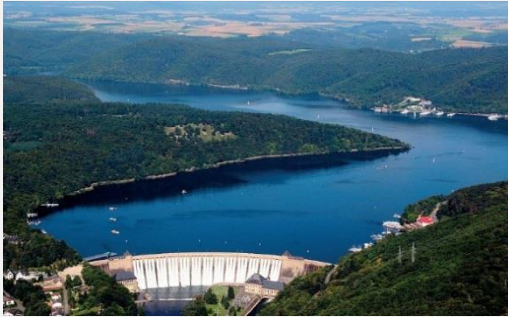
| Destinations (examples) | Estimated travel duration (fastest connection) (from Kassel Wilhelmshöhe) |
|------------------------------------|--|
| Hamburg Hbf | 2.5h. |
| Berlin Hbf | 2,5h. |
| Frankfurt Hbf | 1,5h. |
| München Hbf | 3.15h. |
| Hannover Hbf | 1h. |
| Bremen Hbf | 2,5h. |

Frankfurt am Main:

Frankfurt is one of the biggest cities in Germany. It's mostly known for its huge airport but the city itself is worth a visit as well. You can go on big shopping sprees, wander around the city, including the old town, and walk along the river Main enjoying a splendid view of the skyline.



Edersee:



The *Edersee* is a beautiful reservoir about an hour's drive away from Kassel. Public transport is available, too. You can go swimming there, or take a boat trip. The area around the

lake is also perfect for hiking.

Kassel-Steig:

If you are interested to see more of the beautiful landscape and nature around the city of Kassel, you can hike along the *Kassel-Steig*. It's a panoramic trail of a total of 157 km. You can start at the *Herkules* Monument and explore the surroundings of Kassel. This is plain nature very close to the city!

